Listing of Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

- 1-2. (canceled)
- 3. (currently amended) A pillow, comprising:

two side panels removably attached to each other along a generally straight first seam to receive the head of a user therein; [[and]]

a bottom panel for supporting the neck of the user and removably attached to the side panels along a second seam that is substantially perpendicular to the first seam; and

at least two cooperating adjustable fasteners attached to an exterior of at least one of the side panels and the bottom panel, wherein the two cooperating adjustable fasteners engage one another for adjusting the at least one of the side panels and the bottom panel.

- 4. (previously presented) The pillow of claim 3, wherein the side panels are each formed with an indentation abutting the first seam for receiving the head of the user therein.
- 5. (currently amended) The pillow of elaim 1 claim 3, further comprising: adjustable fasteners attached to two or more of the side panels and the bottom panel for engaging one adjustable fastener to another adjustable fastener to adjust the pillow.

6. (currently amended) The pillow of claim 1 claim 3, further comprising: an insert received at the intersection of the seams to support the head of the user.